



Professional Narrative

For Immediate Release

Cathy Holway, PT, DPT, Celebrated for Dedication to Fields of Physical Therapy and Neurovascular Integration

Dr. Holway channels years of expertise into her work with Neurovascular Institute Inc.

PALM BEACH GARDENS, FL, January 11, 2022, Cathy Holway, PT, DPT, has been included in Marquis Who's Who. As in all Marquis Who's Who biographical volumes, individuals profiled are selected on the basis of current reference value. Factors such as position, noteworthy accomplishments, visibility, and prominence in a field are all taken into account during the selection process.

Encouraged to pursue a career in medicine by her parents, Dr. Holway earned a Bachelor of Science and a certificate in physical therapy from Russell Sage College in 1979. Following this accomplishment, she gained valuable expertise in the field as the director of intensive treatment programs for Upledger Institute. She subsequently ran a medical education business through Cathy R Pliscof, PT, PA, then Pliscof Holway, PA, and up to this date as the Neurovascular Institute, Inc., which provides science-based medical education to healthcare professionals around the country. Through her work, Dr. Holway teaches the neuroscience of medical interventions, helps patients through her expanding practice in telehealth treatments and manages community and coaching groups online.

In the ensuing years, Dr. Holway went on to expand upon her expertise with a Doctor of Physical Therapy from Boston University. Dr. Holway also became an Approved Continuing Education Provider through the Florida Therapy Association, the Wisconsin Physical Therapy Association, the National Certification Board of Therapeutic Massage and Bodywork and the American Occupational Therapy Association.

Due to her breadth of knowledge, Dr. Holway co-authored "Introducing the Advanced Light Force (ALF) Appliance," which was featured in the Oral Health Journal in 2015. Her career has been filled with highlights, helping patients and their families navigate difficult medical situations. Whether healing genetic disruptions such as laryngomalacia, or restoring meaningful function to patients with post-traumatic encephalopathy and seizure disorders, Dr. Holway brings her depth of neurological knowledge to help patients of any age reclaim the fullness of their life's function. Within the coming years, Dr. Holway aspires to continue holding conferences to support health care professionals through her expertise in "Neurovascular Integration" and write a book for therapists.